



**GREENWOOD YMCA  
POOL SCHEDULE  
AUGUST 2026**

| MONDAY                                                             | TUESDAY                                                                                        | WEDNESDAY                                                          | THURSDAY                                                                               | FRIDAY                                                                                          |
|--------------------------------------------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| LAP/OPEN<br>5:00-8:45a<br>LANES #1-7                               | LAP/OPEN SWIM<br>5:00-8:45a<br>LANES #1-7<br>H2O BOOT CAMP<br>6:00-6:45a<br>LANES #1-3         | LAP/OPEN SWIM<br>5:00-8:45a<br>LANES #1-7                          | LAP/OPEN SWIM<br>5:00-8:45a<br>LANES #1-7<br>H2O BOOT CAMP<br>6:00-6:45a<br>LANES #1-3 | LAP/OPEN SWIM<br>5:00-8:45a<br>LANES #1-7                                                       |
| LAP SWIM ONLY<br>9:00-10:00a<br>LANES #6-7                         | LAP SWIM ONLY<br>9:00a-10:00a<br>LANES #6-7                                                    | LAP SWIM ONLY<br>9:00-10:00a<br>LANES #6-7                         | LAP SWIM ONLY<br>9:00-10:00a<br>LANES #6-7                                             | LAP SWIM ONLY<br>9:00-10:00a<br>LANES #6-7                                                      |
| AQUA EX<br>Stretch N' Swim<br>9:00-9:50a<br>LANES #1-5             | AQUA EX<br>Stretch N' Swim<br>9:00-9:50a<br>LANES #1-5                                         | AQUA EX<br>Stretch N' Swim<br>9:00-9:50a<br>LANES #1-5             | AQUA EX<br>Stretch N' Swim<br>9:00-9:50a<br>LANES #1-5                                 | AQUA EX<br>Stretch N' Swim<br>9:00-9:50a<br>LANES #1-5                                          |
| LAP/OPEN SWIM<br>10:00a-1:00p<br>LANES #1-7                        | LAP/OPEN SWIM<br>10:00a-1:00p<br>LANES #1-7                                                    | LAP/OPEN SWIM<br>10:00a-1:00p<br>LANES #1-7                        | LAP/OPEN SWIM<br>10:00a-1:00p<br>LANES #1-7                                            | LAP/OPEN SWIM<br>10:00a-1:00p<br>LANES #1-7<br>PARENT-TOT<br>SWIM LESSONS<br>12-1p<br>LANES 1-4 |
| AQUA EX<br>Stretch N' Swim<br>1:00-1:50p<br>LANES #1-5             | AQUA EX<br>Stretch N' Swim<br>1:00-1:50p<br>LANES #1-5                                         | AQUA EX<br>Stretch N' Swim<br>1:00-1:50p<br>LANES #1-5             | AQUA EX<br>Stretch N' Swim<br>1:00-1:50p<br>LANES #1-5                                 | AQUA EX<br>Stretch N' Swim<br>1:00-1:50p<br>LANES #1-5                                          |
| LAP SWIM ONLY<br>1:00-2:00p<br>LANES #5-7                          | LAP SWIM ONLY<br>1:00-2:00p<br>LANES #5-7                                                      | LAP SWIM ONLY<br>1:00-2:00p<br>LANES #5-7                          | LAP SWIM ONLY<br>1:00-2:00p<br>LANES # 5-7                                             | LAP SWIM ONLY<br>1:00-2:00p<br>LANES # 5 -7                                                     |
| LAP/OPEN SWIM<br>2:00-4:00p<br>LANES #1-5                          | LAP/OPEN SWIM<br>2:00-4:00p<br>LANES #1-5                                                      | LAP/OPEN SWIM<br>2:00-4:00p<br>LANES #1-5                          | LAP/OPEN SWIM<br>2:00-4:00p<br>LANES #1-5                                              | LAP/OPEN SWIM<br>ALL LANES<br>2:00-6:00p                                                        |
| HIGH SCHOOL<br>SWIM TEAM<br>4:00-5:30PM<br>NO LANES<br>POOL CLOSED | HIGH SCHOOL<br>SWIM TEAM<br>4:00-5:30PM<br>NO LANES<br>POOL CLOSED                             | HIGH SCHOOL<br>SWIM TEAM<br>4:00-5:30PM<br>NO LANES<br>POOL CLOSED | HIGH SCHOOL<br>SWIM TEAM<br>4:00-5:30PM<br>NO LANES<br>POOL CLOSED                     |                                                                                                 |
| LAP/OPEN SWIM<br>5:30-6:30<br>ALL LANE                             | ADULT SWIM<br>LESSONS<br>5:30-6:30P<br>LANES # 1-2<br>LAP/OPEN SWIM<br>5:30-6:30<br>LANES #3-7 | LAP/OPEN SWIM<br>5:30-6:30<br>ALL LANE                             | LAP/OPEN SWIM<br>5:30-6:30<br>ALL LANE                                                 |                                                                                                 |
| AQUA EX<br>6:30-7:30p<br>LANES # 1-4                               | AQUA EX<br>6:30-7:30p<br>LANES # 1-4                                                           | LAP/OPEN SWIM<br>6:30-8:00p<br>ALL LANES                           | AQUA EX<br>6:30-7:30p<br>LANES # 1-4                                                   |                                                                                                 |
| LAP/OPEN SWIM<br>6:30-8:00p<br>LANES # 4-7                         | LAP/OPEN SWIM<br>6:30-8:00p<br>LANES # 4-7                                                     |                                                                    | LAP/OPEN SWIM<br>6:30-8:00p<br>LANES # 4-7                                             |                                                                                                 |

**SATURDAY & SUNDAY OPEN/LAP SWIM ALL DAY  
GATOR SWIM TEAM STARTS OCTOBER 5<sup>TH</sup>!**