



**GREENWOOD YMCA
POOL SCHEDULE
FEBRUARY 2026**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| LAP/OPEN 5:00-8:45a LANES #1-7 | LAP/OPEN SWIM 5:00-8:45a LANES #1-7 H2O BOOT CAMP 6:00-6:45a LANES #1-3 | LAP/OPEN SWIM 5:00-8:45a LANES #1-7 | LAP/OPEN SWIM 5:00-8:45a LANES #1-7 H2O BOOT CAMP 6:00-6:45a LANES #1-3 | LAP/OPEN SWIM 5:00-8:45a LANES #1-7 |
| LAP SWIM ONLY 9:00-10:00a LANES #6-7 | LAP SWIM ONLY 9:00a-10:00a LANES #6-7 | LAP SWIM ONLY 9:00-10:00a LANES #6-7 | LAP SWIM ONLY 9:00-10:00a LANES #6-7 | LAP SWIM ONLY 9:00-10:00a LANES #6-7 |
| AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5 | AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5 | AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5 | AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5 | AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5 |
| LAP/OPEN SWIM 10:00a-1:00p LANES #1-7 | LAP/OPEN SWIM 10:00a-1:00p LANES #1-7 | LAP/OPEN SWIM 10:00a-1:00p LANES #1-7 | LAP/OPEN SWIM 10:00a-1:00p LANES #1-7 | LAP/OPEN SWIM 10:00a-1:00p LANES #1-7 |
| AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5 | AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5 | AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5 | AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5 | AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5 |
| LAP SWIM ONLY 1:00-2:00p LANES #5-7 | LAP SWIM ONLY 1:00-2:00p LANES #5-7 | LAP SWIM ONLY 1:00-2:00p LANES #5-7 | LAP SWIM ONLY 1:00-2:00p LANES # 5-7 | LAP SWIM ONLY 1:00-2:00p LANES # 6 -7 |
| LAP/OPEN SWIM 2:00-4:00p LANES 5-7 | LAP/OPEN SWIM 2:00-4:00p LANES 5-7 SWIM TEAM 3:00-4:00p 2-3 LANES | LAP/OPEN SWIM 2:00-4:00p LANES 5-7 | LAP/OPEN SWIM 2:00-4:00p LANES 5-7 SWIM TEAM 3:00-4:00p 2-3 LANES | LAP/OPEN SWIM 2:00P-6:00P ALL LANES |
| SWIM TEAM 4:00-5:30p NO LANES POOL CLOSED | SWIM TEAM 4:00-5:30p NO LANES POOL CLOSED | SWIM TEAM 4:00-5:30p NO LANES POOL CLOSED | SWIM TEAM 4:00-5:30p NO LANES POOL CLOSED | |
| SWIM LESSONS 5:30-6:30p 3 LANES | SWIM LESSONS 5:30-6:30p 3 LANES | SWIM LESSONS 5:30-6:30p 3 LANES | SWIM LESSONS 5:30-6:30p 3 LANES | |
| LAP/OPEN SWIM 5:30-6:30p LANE # 4-7 | LAP/OPEN SWIM 5:30-6:30p LANE # 4-7 | LAP/OPEN SWIM 5:30-6:30p LANE # 4-7 | LAP/OPEN SWIM 5:30-6:30p LANE # 4-7 | |
| AQUA EX 6:30-7:30p LANES # 1-4 | AQUA EX 6:30-7:30p LANES # 1-4 | LAP/OPEN SWIM 6:30-8:00p ALL LANES | AQUA EX 6:30-7:30p LANES # 1-4 | |
| LAP/OPEN SWIM 6:30-8:00p LANES # 4-7 | LAP/OPEN SWIM 6:30-8:00p LANES # 4-7 | | LAP/OPEN SWIM 6:30-8:00p LANES # 4-7 | |

**SATURDAY & SUNDAY OPEN/LAP SWIM ALL DAY
SIGN UP FOR SWIM LESSONS NOW!**