



**GREENWOOD YMCA
POOL SCHEDULE
AUGUST 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LAP/OPEN 5:00-8:45a LANES #1-7	LAP/OPEN SWIM 5:00-8:45a LANES #1-7 H2O BOOT CAMP 6:00-6:45a LANES #1-3	LAP/OPEN SWIM 5:00-8:45a LANES #1-7	LAP/OPEN SWIM 5:00-8:45a LANES #1-7 H2O BOOT CAMP 6:00-6:45a LANES #1-3	LAP/OPEN SWIM 5:00-8:45a LANES #1-7
LAP SWIM ONLY 9:00-10:00a LANES #6-7	LAP SWIM ONLY 9:00a-10:00a LANES #6-7	LAP SWIM ONLY 9:00-10:00a LANES #6-7	LAP SWIM ONLY 9:00-10:00a LANES #6-7	LAP SWIM ONLY 9:00-10:00a LANES #6-7
AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5	AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5	AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5	AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5	AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5
LAP/OPEN SWIM 10:00a-1:00p LANES #1-7	LAP/OPEN SWIM 10:00a-1:00p LANES #1-7	LAP/OPEN SWIM 10:00a-1:00p LANES #1-7	LAP/OPEN SWIM 10:00a-1:00p LANES #1-7	LAP/OPEN SWIM 10:00a-1:00p LANES #1-7
AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5	AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5	AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5	AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5	AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5
LAP SWIM ONLY 1:00-2:00p LANES #5-7	LAP SWIM ONLY 1:00-2:00p LANES #5-7	LAP SWIM ONLY 1:00-2:00p LANES #5-7	LAP SWIM ONLY 1:00-2:00p LANES # 5-7	LAP SWIM ONLY 1:00-2:00p LANES # 6 -7
LAP/OPEN SWIM 2:00-4:00p LANES 5-7	LAP/OPEN SWIM 2:00-4:00p LANES 5-7	LAP/OPEN SWIM 2:00-4:00p LANES 5-7	LAP/OPEN SWIM 2:00-4:00p LANES 5-7	LAP/OPEN SWIM 2:00P-6:00P ALL LANES
HIGH SCHOOL SWIM TEAM 4:00-5:30p NO LANES POOL CLOSED	HIGH SCHOOL SWIM TEAM 4:00-5:30p NO LANES POOL CLOSED	HIGH SCHOOL SWIM TEAM 4:00-5:30p NO LANES POOL CLOSED	HIGH SCHOOL SWIM TEAM 4:00-5:30p NO LANES POOL CLOSED	
LAP/OPEN SWIM 5:30-6:30p ALL LANES	LAP/OPEN SWIM 5:30-6:30p ALL LANES	LAP/OPEN SWIM 5:30-8:00p 4 LANES	LAP/OPEN SWIM 5:30-6:30p ALL LANES	
AQUA EX 6:30-7:30p LANES # 1-4	AQUA EX 6:30-7:30p LANES # 1-4		AQUA EX 6:30-7:30p LANES # 1-4	
LAP/OPEN SWIM 6:30-8:00p LANES # 4-7	LAP/OPEN SWIM 6:30-8:00p LANES # 4-7		LAP/OPEN SWIM 6:30-8:00p LANES # 4-7	

**SATURDAY & SUNDAY OPEN/LAP SWIM ALL DAY
SWIM LESSONS START IN SEPTEMBER**