



# GREENWOOD YMCA POOL SCHEDULE JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LAP/OPEN 5:00-8:45a LANES #1-7	LAP/OPEN SWIM 5:00-8:45a LANES #1-7 H2O BOOT CAMP 6:00-6:45a LANES #1-3	LAP/OPEN SWIM 5:00-8:45a LANES #1-7	LAP/OPEN SWIM 5:00-8:45a LANES #1-7 H2O BOOT CAMP 6:00-6:45a LANES #1-3	LAP/OPEN SWIM 5:00-8:45a LANES #1-7
LAP SWIM ONLY 9:00-10:00a LANES #6-7	LAP SWIM ONLY 9:00a-10:00a LANES #6-7	LAP SWIM ONLY 9:00-10:00a LANES #6-7	LAP SWIM ONLY 9:00-10:00a LANES #6-7	LAP SWIM ONLY 9:00-10:00a LANES #6-7
AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5	AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5	AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5	AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5	AQUA EX Stretch N' Swim 9:00-9:50a LANES #1-5
LAP/OPEN SWIM 10:00a-1:00p LANES #1-7	LAP/OPEN SWIM 10:00a-1:00p LANES #1-7	LAP/OPEN SWIM 10:00a-1:00p LANES #1-7	LAP/OPEN SWIM 10:00a-1:00p LANES #1-7	PARENT TOT & ADULT LESSONS 10:00a-12:00p 3-4 LANES LAP/OPEN SWIM 10:00a-1:00p LANES #1-7
AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5	AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5	AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5	AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5	AQUA EX Stretch N' Swim 1:00-1:50p LANES #1-5
LAP SWIM ONLY 1:00-2:00p LANES #5-7	LAP SWIM ONLY 1:00-2:00p LANES #5-7	LAP SWIM ONLY 1:00-2:00p LANES #5-7	LAP SWIM ONLY 1:00-2:00p LANES #5-7	LAP SWIM ONLY 1:00-2:00p LANES #5-7
LAP/OPEN SWIM 2:00-4:00p	LAP/OPEN SWIM 2:00-4:00p	LAP/OPEN SWIM 2:00-4:00p	LAP/OPEN SWIM 2:00-4:00p	LAP/OPEN SWIM 2:00-6:00 PM
GREEN TEAM 3:00-4:00p 1-2 LANES	GREEN TEAM 3:00-4:00p 1-2 LANES		GREEN TEAM 3:00-4:00p 1-2 LANES	
GATORS SWIM TEAM 4:00-5:30 NO LANES	GATORS SWIM TEAM 4:00-5:30 NO LANES	GATORS SWIM TEAM 4:00-5:30 NO LANES	GATORS SWIM TEAM 4:00-5:30 NO LANES	
LAP/OPEN SWIM 5:30-8:00p LANES Av. 2-4	SWIM LESSONS 5:30-6:30 3-4 LANES LAP/OPEN SWIM 5:30-8:00p LANES Av. 2-4	LAP/OPEN SWIM 6:30-8:00p LANES Av. 1-7	SWIM LESSONS 5:30-6:30 3-4 LANES LAP/OPEN SWIM 5:30-8:00p LANES Av. 2-4	
AQUA EX 6:30-7:30p LANES #1-4	AQUA EX 6:30-7:30p LANES #1-4		AQUA EX 6:30-7:30p LANES #1-4	
LAP/OPEN SWIM 6:30-8:00p LANES #4-7	LAP/OPEN SWIM 6:30-8:00p LANES #4-7		LAP/OPEN SWIM 6:30-8:00p LANES #4-7	

SATURDAY & SUNDAY OPEN/LAP SWIM ALL DAY  
SWIM LESSONS START JANUARY 17<sup>th</sup>!